

## ***Valley Bike Month***

***WHEREAS***, riding your bike is a great alternative to driving to work, to school or getting into the car for short errands; and

***WHEREAS***, bicycling contributes to the improvement of the air quality all over the Valley; and

***WHEREAS***, bicycling is an excellent source of exercise that improves the health of Valley residents; and

***WHEREAS***, it is important that all levels of government, employers both large and small, as well as community groups from across the Valley encourage bicycling as a transportation option; and

***WHEREAS***, it is important to understand the importance of safe bicycle use, including the use of helmets, and strict observance of traffic laws; and

***WHEREAS***, the month of April has been designated by Valley Metro as Bike Month to promote the safe use of bicycles for commuting, health, and fun.

***NOW, THEREFORE, I***, Elaine Scruggs, Mayor of the City of Glendale, Arizona, do hereby proclaim April 1, 2006 through May 7, 2006 as

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*and urge all residents to participate in the Glendale Family Bike Ride on April 9, 2006, which starts at Sahuaro Ranch Park and all other related events being held in the Valley.*

*In Witness Thereof, I have hereunto set my hand this 29<sup>th</sup> day of March 2006.*